

**Sample Workshop Agenda for Hay River
December 14th & 15th, 2021**

Day One –

10:00 **Call to Order/Prayer**

Welcome and Introductions – Round Table Introductions

Agenda, Format, Housekeeping – Community organizer and Myrna Matheson

10:15 **NWT Seniors' Society and NWT Network to Prevent Abuse of Older Adults**
A presentation on the Society's work and introduction of the Network – Myrna Matheson

10:30 **Self-Assessment of Knowledge Level** – short quiz is completed

10:45 **What does Abuse of Older Adults Look Like in Hay River?** Myrna Matheson
Draw a picture to illustrate what abuse of older adults look like in your community

11:15 **Break**

11:30 **Older Adult Abuse in your community**
Small groups report back

12:00 **LUNCH –**

1:00 **Neighbours Friends and Family – *It's Not Right!*** –Myrna Matheson

2:00 **Abuse Scenarios** – A scenario of abuse is shown to group
In small groups, write the signs of abuse and the reaction of the elder in scenario

2:30 **Reporting back on Scenarios** – Small groups report back

2:45 **Different Styles of Talking to an Elder – Two Responses**
In small groups, write down the difference between the two approaches to talking to an elder. What was wrong in first response? What was helpful in second response?

3:15 **Break**

3:30 **Report back from small groups**

3:45 **Sharing Circle and Wrap-up** – Myrna Matheson

Day Two

10:00 **Review of yesterday's work – Bingo Game or other ice breaker** - Myrna Matheson

10:15 **Guest Speaker from RCMP and follow up discussion**

11:00 **Hidden: Elder Abuse (video)**

11:15 **Discussion about video**

12:00 **LUNCH –**

1:00 Developing a Community Support Group

Short presentation on community support group– Myrna

In small groups, begin looking at the possibilities for your community by focusing on what a community support group might look like in your community.

In small groups, answer the following questions:

- What would be the work of a community support group?
- Who would be involved?
- What will you do?
- Where will it take place?
- When will you do it?
- Why are you doing it?

1:45 Reporting back on community support group

Each small group presents to larger group. Priority actions are decided.

2:30 **Evaluation**

2:45 **Sharing circle and closing remarks** – Myrna